

Mindfulness, Confidence, & Performance – Summer 2018

Application Form for Performing Participants

Name:

Instrument:

Age and Gender:

E-mail:

Address:

Phone:

How did you hear about this program?

Do you need some scholarship assistance in order to be a performing participant?

Please answer the following questions thoughtfully, adding as much space as you need:

1. Where and with whom have you studied your instrument?
2. How long have you been studying your instrument?
3. What experience have you had as a performer?
4. What is your goal or ambition as a performer? As a teacher?
5. What experience, if any, have you had with mindfulness practice?
6. Why are you interested in mindfulness?
7. If you are a pianist, are you open to exploring new ideas about piano technique?

Why, or why not?

8. Why do you wish to take this program, and what do you hope to gain from it?
9. What repertoire would you like to perform in the two workshops?
(One or two short pieces or movements are sufficient.)

This application must be accompanied by a recording of your playing or singing. If possible, please include in your recording one of the selections you wish to perform in the workshops. Please email your application or send it by postal mail, along with your CD or DVD, to Madeline Bruser, 801 West End Avenue 1C, New York, NY 10025.